

1. The collection of the 24hr urine can start at any time, however it is suggested that the best specimen is commenced first thing in the morning.
2. Decide what time you are going to start the test, e.g. 8.00am. Empty your bladder at this time and discard the urine. Note the time on the bottle as the start time.
3. For the next 24hrs all urine should be collected in the 24hr urine bottle. A sterile specimen is not required. You should catch the specimen in a clean container such as an ice cream container and then pour it into the 24hr urine bottle. Caution must be taken not to spill the contents when an additive has been added to the bottle.
4. The 24hr specimen bottle should be stored in a cool place, but not in the refrigerator.
5. Empty your bladder for the final time into the bottle as close as possible to 24hrs from the start time. This is the time of completion and should be recorded on the bottle
6. Ensure the lid of the bottle is screwed tightly, to avoid spillage. Deliver this specimen to any Clinipath Pathology collection centre within 24hr of completion.

***PLEASE NOTE***

Acid preservatives may damage skin or some surfaces if spilled. If the preservatives leaks, dilute with water and wipe up immediately taking care not to get any on skin.

***IF PRESERVATIVE HAS BEEN ADDED TO THE BOTTLE  
DO NOT DISCARD, IT IS REQUIRED FOR TESTING. EXTRA  
CAUTION SHOULD BE USED NOT TO SPILL THE CONTENTS***